



Understanding
your child

Solihull Approach

Would you like to better understand your child's development and behaviour?

The group is based on an approach developed in Solihull that research has shown to be helpful to parents and has improved their children's behaviour.

We will explore issues together such as:

- Having fun together
- How children develop
- Exploring feelings
- Behaviour difficulties
- How to recover when things go wrong
 - Communicating with your child
 - Parenting styles
 - Sleep patterns
 - Anger and temper tantrums

Venue: The Willows Family Hub Magdalene Close Ipswich IP2 9UX

Time: 9:30am - 11:30am Refreshments Provided

Starts: Thursday 15th September for 10 weeks

(With a break for half term Thursday 27th October)

bookings to the county parenting team can now be made through Suffolk's online Portal:

<https://earlyhelpportal.suffolk.gov.uk/web/portal/pages/home>

Professionals with access to EHM & LCS can book a family to a parenting course directly through Liquid Logic, completing a quick standalone form. This form can be started from the basic demographics page of the child's record on EHM.