

Small changes, big differences.



Triple P Group Stepping Stones For parents with children with additional needs

The Treehouse Family Hub, Ipswich IP3 0RH – Starting Tuesday 11th October 2022 for 9 weeks – 12noon – 2:30pm

Triple P Group Stepping Stones - is for families of children with additional needs either pending an assessment or whose child are already diagnosed. The programme allows parents to choose techniques that work best for them and their families. This 9-week course will introduce parents to positive parenting strategies, developing good relationships that encourage positive behaviour, along with managing behaviour by planning ahead. There are six sessions at the Children's Centre then three telephone calls to tailor the programme to your family's individual needs.

11th October – What is Positive Parenting?

18th October – Helping Children Develop

*****No session half-term week**

1st November – Teaching New Skills and Behaviours

8th November – Managing Misbehaviour

15th November – Planning Ahead

22nd November – Individual phone calls

29th November – Individual phone calls

6th December – Program close

13th December – Individual phone calls (optional)

IMPORTANT INFORMATION:

- To obtain certificate of completion parents must attend at least 5 group sessions and 1 individual telephone session
- Course places are limited and subject to availability; in the event that this course is fully booked or that the course dates change, you will be contacted by the Group Facilitator

Bookings to the county parenting team can now be made through Suffolk's online Portal:

<https://earlyhelpportal.suffolk.gov.uk/web/portal/pages/home>